

# Fresh Starts Menu

## Breaky and Healthy Snacks

Cereal or Juice in a Cup  
Hash Brown  
Hot Chocolate  
Homemade Fresh Muffins  
Yoghurt Cup  
Seasonal Fruit

All  
\$1 Pancakes \$2

## Munch Crunch N Sip

Jelly  
Homemade Fresh Muffins  
Popcorn  
Snap Apart  
Zooper Dooper  
Frozen Jelly  
Ice Block  
Ice Cream Cup

All  
\$1

Red Rock Deli Chips  
Juice Poppers  
Water 350ml

\$1.50

Oak Flavoured Milk

\$2.50

## Fresh Sandwiches and Wraps

Vegemite	\$1.50
Jam	\$1.50
Cheese	\$1.50
Ham	\$2
Ham and Cheese	\$2.50
Tuna	\$2.50
Tuna, Lettuce and Mayo	\$3
Salad	\$3
Chicken, Lettuce and Mayo	\$3
Chicken Breast	\$3
Ham, Cheese and tomato	\$3
Tuna and Salad	\$4
Chicken and Salad	\$4
Ham and Salad	\$4

Upgrade to a wrap for an extra \$1.

## Tasty Tempters

Nachos	\$2.50
Nuggets	4 for \$2.50
Party Pies	4 for \$3
Homemade Sausage Roll	\$3
Wedges	\$3
Mamee Noodle Cup	\$3
Hot Dog	\$3
Pie	\$4
Lasagne	\$4.50
Spaghetti Bolognese	\$4.50

**SPECIAL OF THE WEEK** – EACH WEEK A SPECIAL HOME COOKED MEAL WILL BE ADVERTISED. Eg. Flame Grill Wraps / Beef N Cheese Sliders / Homemade Pizzas.



## Lunch Packs Combos

Simply choose one item from each box below

1

Hot Dog  
4 Nuggets  
Homemade Sausage Roll  
4 Party Pies  
Salad Wrap  
Nachos

2

Apple  
Popcorn  
Muffin



3

Popper  
Water

OR

upgrade to an Oak Milk for an extra 50 cents

All for  
\$5

Fresh Start Canteens